



**NASW-VA & NASW-METRO DC PRESENT**

**2024 ANNUAL CONFERENCE**

**“Connecting Minds, Empowering  
Lives: Advancing the Practice of  
Social Work”**

**March 21-23, 2024**

**Norfolk Waterside Marriott—Norfolk, VA**

 **N A S W**, VIRGINIA and METRO DC CHAPTERS

National Association of Social Workers

# WELCOME

Welcome to the NASW Virginia and Metro DC Chapters 2024 Annual Conference, "Connecting Minds, Empowering Lives: Advancing the Practice of Social Work."

We are honored and excited to present this year's conference, which offers up to 78.5 Category I Continuing Education Hours if you take advantage of on-demand viewing after the event. We are also looking forward to celebrating National Social Work Month!

At each year's conference, we aim to embody NASW's mission of enhancing the professional growth and development of our members. The social work profession is constantly evolving, and with every passing year, new issues arise that need to be addressed. In order to ensure that social workers are prepared to take on new challenges, our conference provides continuing education opportunities at the cutting edge of the field.

In keeping with our mission and this theme, our sessions this year will focus on empowerment, innovation, advocacy, intersectionality and identity, youth, and treating the whole person. We are certain that you will gain valuable insight and we also encourage you to take the opportunity to network with your colleagues.

If you are a professional social worker, but not a member of NASW, please consider joining the association to benefit from professional networking, ethics consultations, professional lobbying, and the best continuing education opportunities — nationally and locally.

This conference program will provide you with helpful information and ideas on how to make the most of your time with us. We wish you an inspiring, productive and enjoyable experience.

**Debra A Riggs, CAE**  
**Executive Director NASW-VA & NASW-Metro DC**

## GENERAL INFORMATION

### Questions/Attendee Support

NASW-VA staff and volunteers are available to assist you with any questions or concerns during the conference. Please stop by the registration desk or look for individuals wearing a ribbon labeled "Volunteer," "Committee Member," or "Staff."

### Passport to Prizes Drawing

The conference provides attendees with an opportunity to discover new products and services related to the field of social work. Visit all of our partners to learn how they can help you be more efficient in your practice and ask them to initial your "Passport to Prizes" form. Deposit your completed form at the registration table before the prize drawings. Prizes will be drawn after the last break and before the Lunch and Learn.

### Hotel Check-out

Hotel check-out time is 11 a.m. Inquire at the front desk regarding luggage storage or late checkout.

### Workshop Evaluations

Please submit your workshop evaluation by clicking the "Evaluation" button on the bottom right of the session screen in your Swapcard app. You must submit an evaluation for each session you attend. You will receive a CE certificate email for each session evaluation you complete. Your feedback is very important and taken into consideration when planning future professional development events.

### Lost and Found

Any items found in the session rooms will be held at the registration desk for the duration of the conference. Items that have not been claimed before the conference adjourns will be kept at the NASW-VA Chapter Office for one month.

# HIGHLIGHTS

## Thursday Special Events

**Documentary: "Our American Family" Screening & Discussion** (2 CE Hours)

*Moderators: Linda (featured in documentary) and Alanna Baker, MSSW, LCSW*

3:30 p.m. - 5:30 p.m.

### Reception

*Light hors'dourves and networking at The Harbor Club.*

6:00 p.m. - 7:00 p.m.

**The Harbor Club, 333 Waterside Dr, Suite 200**

---

## Friday Special Events

**Keynote: "Trauma-Informed Violence Prevention: Navigating the Aftermath of Mass Murder and State Executions"** (2 CE Hours)

*Presenters: Dr. Sandra Joy and Dr. Casey Jordan*

8:00 a.m. - 10:00 a.m.

**Hampton 4-5**

**NASW-VA and Metro DC Awards Lunch and Talk with Dr. Estreet** (0.5 CE Hours)

12:30 p.m. - 1:30 p.m.

**Hampton 4-5**

### Networking Break

3:45 p.m. - 4:15 p.m.

**Hampton 1-3**



## Saturday Special Events

**Keynote: "Sexual Abolitionism: A Freedom of Knowing"** (1 CE Hour)

*Presenter: Frenchie Davis, MPH*

8:00 a.m. - 9:00 a.m.

**Hampton 4-5**

**Lunch & Learn: "Dismantling Unconscious Bias"** (1 CE Hour)

*Presenter: Amirah Sackett*

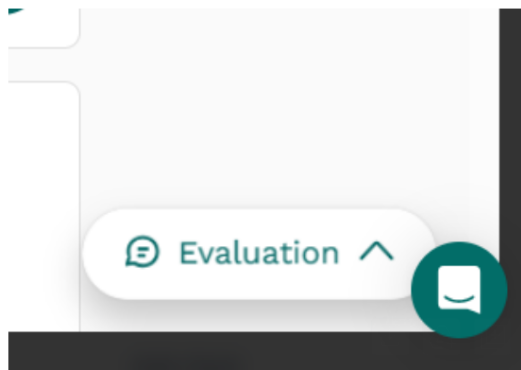
11:35 a.m. - 12:35 a.m.

**Hampton 4-5**

# HOW DO I GET MY CE CREDITS?

During NASWVA's annual conference, attendees can obtain their Continuing Education (CE) credits by completing session evaluations for each attended session. It's crucial to emphasize that participants **MUST** submit an evaluation for every session they attend to receive credit.

Upon completion of the session evaluation via the Swapcard app, attendees will receive a CE certificate email. To access the evaluation, simply click the **"Evaluation"** button under the sessions attended tab. The email received after submitting the evaluation serves as the official certificate for that specific session. Please note that it may take approximately 1 minute for the certificate email to generate.

A screenshot of the evaluation form in the Swapcard app. The form is titled 'Evaluation' and has a dropdown arrow. It contains the following fields:

- Name \***: Split into 'First Name' (Jaime) and 'Last Name' (Strohacker).
- Credentials \***: An empty text field.
- Email \***: professionaldevelopment.naswva@s

At the bottom of the form is a green button labeled 'Session Survey' with an upward arrow, and a larger green button labeled 'Submit'.

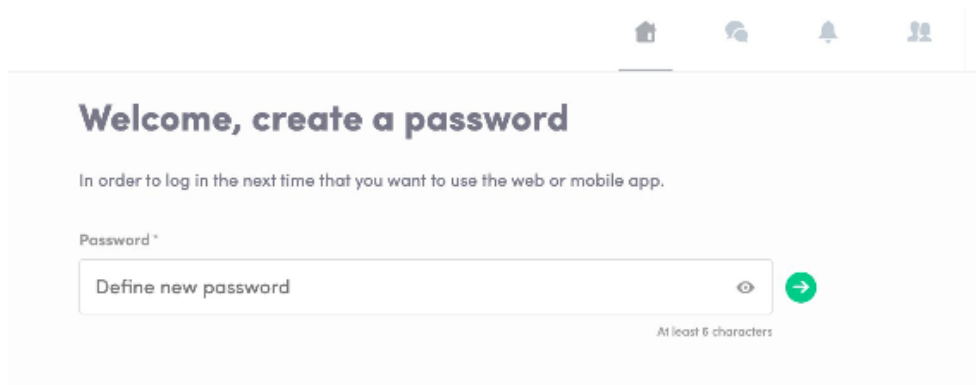
*If for any reason you are unable to attend all sessions you registered for, it is your responsibility to let the NASW-VA Chapter know which sessions you did NOT attend. Your notification should be emailed to: [professionaldevelopment.naswva@socialworkers.org](mailto:professionaldevelopment.naswva@socialworkers.org).*

**Do you want to become involved in your local NASW Chapter? Thinking about taking on a leadership role? Want more information on membership? Visit the NASW-Virginia Table in the Exhibitor hall (Booth 10) for membership benefits, volunteer opportunities, and to speak with current board members.**

# HOW DO I ACCESS THE SWAP CARD APP?

- 1 You will receive an email similar to **these ones** with a button redirecting you to a login page. Your account is automatically created by the platform after you have registered. A window will then prompt you to create a password for your account:

2

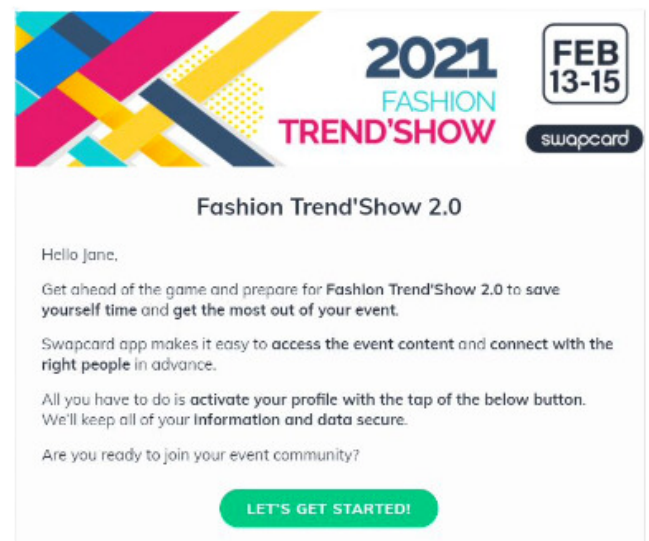
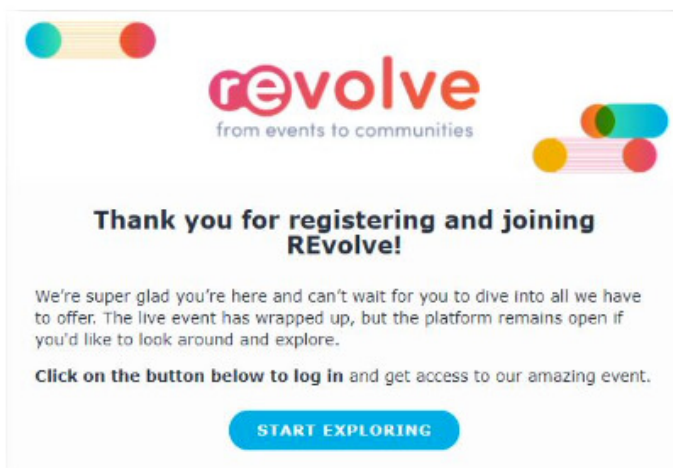


The screenshot shows a web interface with a navigation bar at the top containing icons for home, search, notifications, and user profile. Below the navigation bar is a form titled "Welcome, create a password". The form includes the text "In order to log in the next time that you want to use the web or mobile app." followed by a "Password \*" label. The password input field contains the placeholder text "Define new password" and has a toggle icon (an eye) and a submit arrow icon. Below the input field, it says "At least 6 characters".

You can also access the event from your phone by downloading the Swapcard app ([iOS](#)/[Android](#))

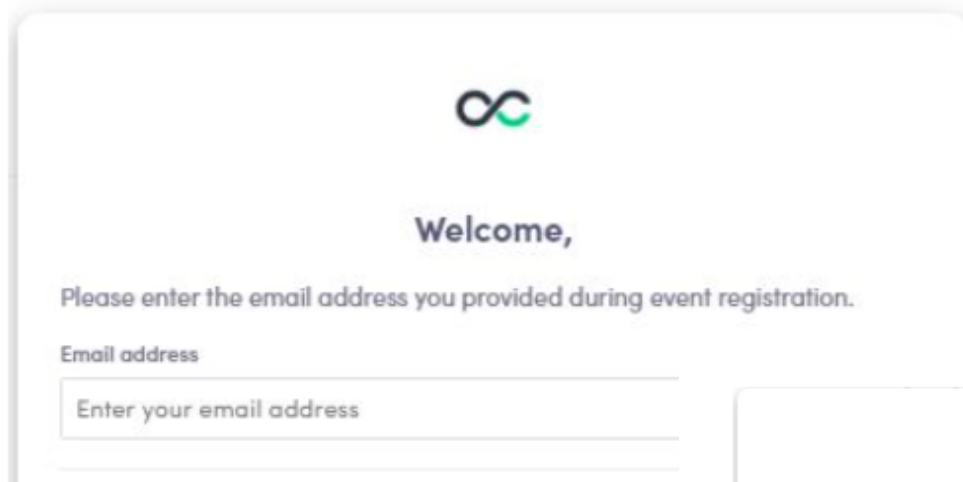
i

**Note:** If you don't see this email in your mailbox, please check your spam folder. Most of our emails are sent from [noreply@swapcard.com](mailto:noreply@swapcard.com)

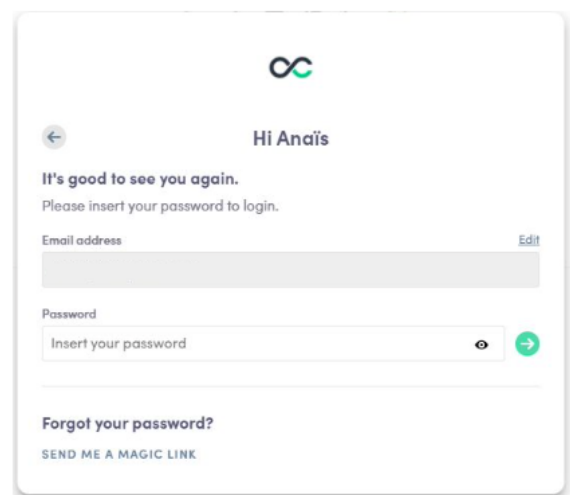


# HOW DO I LOG-IN ONCE I HAVE A SWAP CARD ACCOUNT?

- 1 Access your account on [app.swapcard.com](https://app.swapcard.com)
- 2 Enter the email you used to register from your event and your password. Click the green arrow to connect.



The screenshot shows the Swap Card login page. At the top center is the Swap Card logo, an infinity symbol with a green dot. Below the logo, the text "Welcome," is displayed. Underneath, a message reads "Please enter the email address you provided during event registration." Below this message is a label "Email address" and a text input field containing the placeholder text "Enter your email address".



The screenshot shows the Swap Card login page with the password field. At the top center is the Swap Card logo. Below the logo, a back arrow is on the left, and "Hi Anaïs" is on the right. The text "It's good to see you again." is followed by "Please insert your password to login." Below this is a label "Email address" and a text input field with a grey background and an "Edit" link on the right. Below that is a label "Password" and a text input field containing the placeholder text "Insert your password", with an eye icon and a green arrow icon on the right. At the bottom, there is a link "Forgot your password?" and a button "SEND ME A MAGIC LINK".

**Note:** If you have forgotten your password, click **"Send me a magic link"** after entering your email. You'll receive an email to reset your password (valid for 1 hour). If you need any help, please contact <https://help-attendees.swapcard.com>

# HOW DOES MY SWAPCARD SCHEDULE WORK?

The screenshot shows the Swapcard event schedule interface. At the top, there is a navigation bar with tabs: Home, Attendees, Brands, Brand's Products, Conferences (selected), Training & Workshop, Speakers & Trainers, Group Discussions, and My Visit. Below the navigation bar, there is a calendar view showing Saturday 13, Sunday 14, and Monday 15. The main content area is titled "Recommended for you" and displays three event cards: "What are the new types of fashion training?", "What will be 2021 flashback trends?", and "Gates opening - Day 1". Below this, there is a "Refine the list" sidebar with a search bar and filters for TYPE (Break, Session) and LOCATION. The main content area also displays a session titled "What is the impact of independent creators?" with a "Only 79 seats left" warning and a "Your schedule" sidebar on the right.

The tab **"My Event"** allows you to see your own schedule. Here you can find the **sessions, sponsors** and **partners** you bookmarked, your confirmed meetings and more.

You can **export** your **schedule** by clicking **"Export to my calendar"** or **"Download PDF."**

# HOW DOES MY SWAPCARD SCHEDULE WORK?

The schedule/agenda button gives you an overview of the event sessions. You can register for sessions by clicking on this **bookmarking** icon.

You can find sessions by using the **search** bar and **filters** located on the left side of the screen.

The screenshot displays the Swapcard event interface for "EVOLVE - The Virtual Event for Planners by Swapcard". The top navigation bar includes "Home", "My Event" (highlighted with a green box), "Watch Replay", "Informa Group Chat", "LIVE: Watch now", "Attendees", "Schedule (Eastern Time)", "Speakers", and "Group Chats". Below this, there are additional options: "Roundtables (Eastern Time)", "Speed Meetings", "Partners", and "Services".

On the left side, a sidebar menu lists "My schedule", "My meetings", "My networking", "My wish list", and "My bookmarked companies". Below this menu is an "Export" section, also highlighted with a green box, which contains the text: "Add your upcoming sessions and meetings to your calendar application. EXPORT TO MY CALENDAR" and "Export your sessions, meetings and bookmarks in a single printable PDF file. DOWNLOAD PDF".

The main content area shows the schedule for "Tuesday, May 12, 2020". The first session is "Welcome to Evolve with Swapcard" from 3:00 PM to 3:15 PM, with a "Bookmarking" icon. The second session is "Engagement Expert Challenge" from 4:28 PM to 4:30 PM, also with a "Bookmarking" icon. Both sessions include details about time zones and speakers.



# HOW DO I ACCESS AN ONGOING LIVE SESSION?

There are several ways to access an ongoing live session.

1

From **Event Home**, click the “**Live session**” button. If there is a live session, the live button should also be present as a tab on the top navigation bar.

You will get redirected to the ongoing session, or the following one if nothing is happening at that time.

2

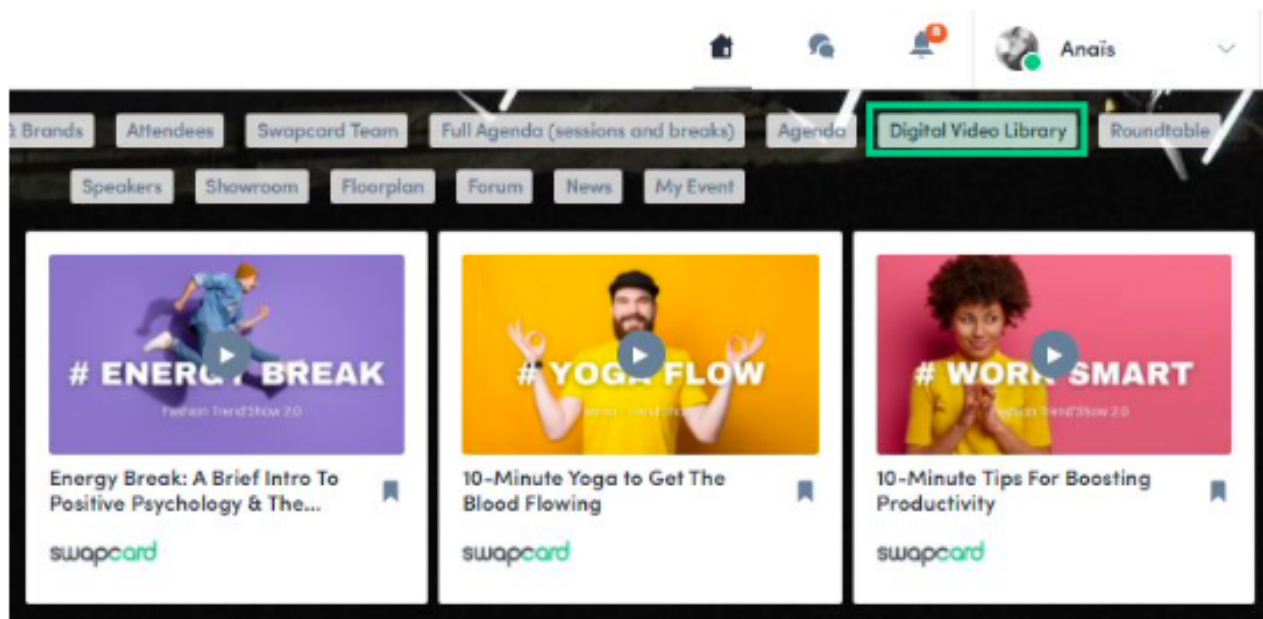
You can also access it from the “**Event schedule**” or “**My Event**” tab. Click on the ongoing session to reach the session page.

# HOW TO WATCH SESSIONS ON-DEMAND

The event organizer can make sessions available to watch **on-demand**.

You can access on-demand sessions through the schedule by clicking on past sessions.

There may be an **On-demand, Replay** or **Digital Video Library** button added by the organizer on the homepage. This is where content is available to watch after the



# DAY 1

# RUNDOWN



**MARCH 21ST 2024**

**11:00 AM - 7:00 PM**

**Norfolk Waterside Marriott  
in Norfolk, VA**

**11:00 AM-  
12:45PM**

**Registration + Welcome Cookies**

**1:00PM-  
3:00PM**

**Breathing and Blinking: An Intersection of  
PTSD and TBI**

**1:00PM-  
3:00PM**

**Ethics Cultural Competence - Suicide  
Prevention**

**1:00PM-  
3:00PM**

**Historical Trauma of Marginalized Communities  
And It's Impact On Mental Health**

**1:00PM-  
3:00PM**

**Talking with Children about Gender**

**1:00PM-  
3:00PM**

**Silos to Safe Spaces: Navigating Wisely  
in Private Practice**

**1:00PM-  
3:00PM**

**Black Kids Matter: Play Therapy to  
Empower Black Children & Family**

**3:30PM -  
5:30 PM**

**OUR AMERICAN FAMILY Screening and  
Discussion**

**6:00PM-  
7:00PM**

**Reception**

# DAY 2

# RUNDOWN



**MARCH 22ND 2024**

**7:00 AM- 6:15 PM**

**Norfolk Waterside Marriott  
in Norfolk, VA**

**7:00AM-  
8:00AM**

**Registration + Continental Breakfast**

**8:00AM-  
10:00AM**

**Keynote-Trauma Informed Violence Prevention**

**10:15AM-  
12:15PM**

**Gender Identity- Thinking Outside of the Binary Box**

**10:15AM-  
12:15PM**

**Secondary Trauma in Children: The  
Impact of Having A Parent with PTSD**

**10:15AM-  
12:15PM**

**The Power of Anxiety**

**10:15AM-  
12:15PM**

**The “5 Evils of Society”: The Traumatic  
Impact of Systemic Harm**

**10:15AM-  
12:15PM**

**School Social Workers Value and Expertise as Leaders  
in Improving Mental Health Outcomes for Students**

**10:15AM-  
12:15PM**

**Delving Deeper: Applications of Tabletop Role  
Playing Games in the Therapeutic Realm**

**12:30PM-  
1:30PM**

**NASW VA and Metro DC Awards Lunch and  
Talk with Dr. Estreet**

<b>1:45PM-3:45PM</b>	<b>Supporting Asylum Applicants with Forensic Evaluations</b>
<b>1:45PM-3:45PM</b>	<b>Introduction to Community Resiliency Model (CRM)</b>
<b>1:45PM-3:45PM</b>	<b>Improving Sleep Health: A Clinical and Equity Issue</b>
<b>1:45PM-3:45PM</b>	<b>Co-Creating Family Assessment</b>
<b>1:45PM-3:45PM</b>	<b>Child Sexual Abuse Materials: What Every Therapist Should Know</b>
<b>1:45PM-3:45PM</b>	<b>The Power of Expressive Arts: Make Stuff and Feel Better</b>
<b>3:45PM-4:15PM</b>	<b>Networking Break</b>
<b>4:15PM-6:15PM</b>	<b>Deconstructing and Reconstructing Stories: Spiritual Direction as Social Work Intervention for Substance Use Addiction</b>
<b>4:15PM-6:15PM</b>	<b>Seven Ways Social Workers Can apply the Principles of Restorative Justice Everyday</b>
<b>4:15PM-6:15PM</b>	<b>Fun and Success in your work with Couples and Adult Family Members</b>
<b>4:15PM-6:15PM</b>	<b>No Longer Searching for Our Mothers' Gardens: Cultivating Free Birthing and Early Motherhood Experiences for African American Women</b>
<b>4:15PM-6:15PM</b>	<b>Exploring Racial Trauma in Children and Adolescents</b>
<b>4:15PM-6:15PM</b>	<b>Introduction to Ecotherapy for Social Workers</b>

# DAY 3

# RUNDOWN



**MARCH 23RD 2024**

**7:00 AM - 2:50 PM**

**Norfolk Waterside Marriott  
in Norfolk, VA**

**7:00AM-  
8:00AM**

**Registration + Continental Breakfast**

**8:00AM-  
9:00AM**

**Keynote-Sexual Abolitionism: A Freedom of  
Knowing - Frenchie Davis**

**9:00AM-  
9:20AM**

**BREAK**

**9:20AM-  
11:20AM**

**Imposter Syndrome: Myth or Reality  
Among Social Worker Practitioners?**

**9:20AM-  
11:20AM**

**Understanding the Role of The Social  
Worker in Family Court**

**9:20AM-  
11:20AM**

**Symptoms vs. Diagnosis: Viewing the  
Whole Person in their Environment**

**9:20AM-  
11:20AM**

**Are you Intentional? Engaging Black Men in  
Therapy and Social Work**

**9:20AM-  
11:20AM**

**Exploring the Complex Layers of sexual trauma  
among the undocumented community**

**9:20AM-  
11:20AM**

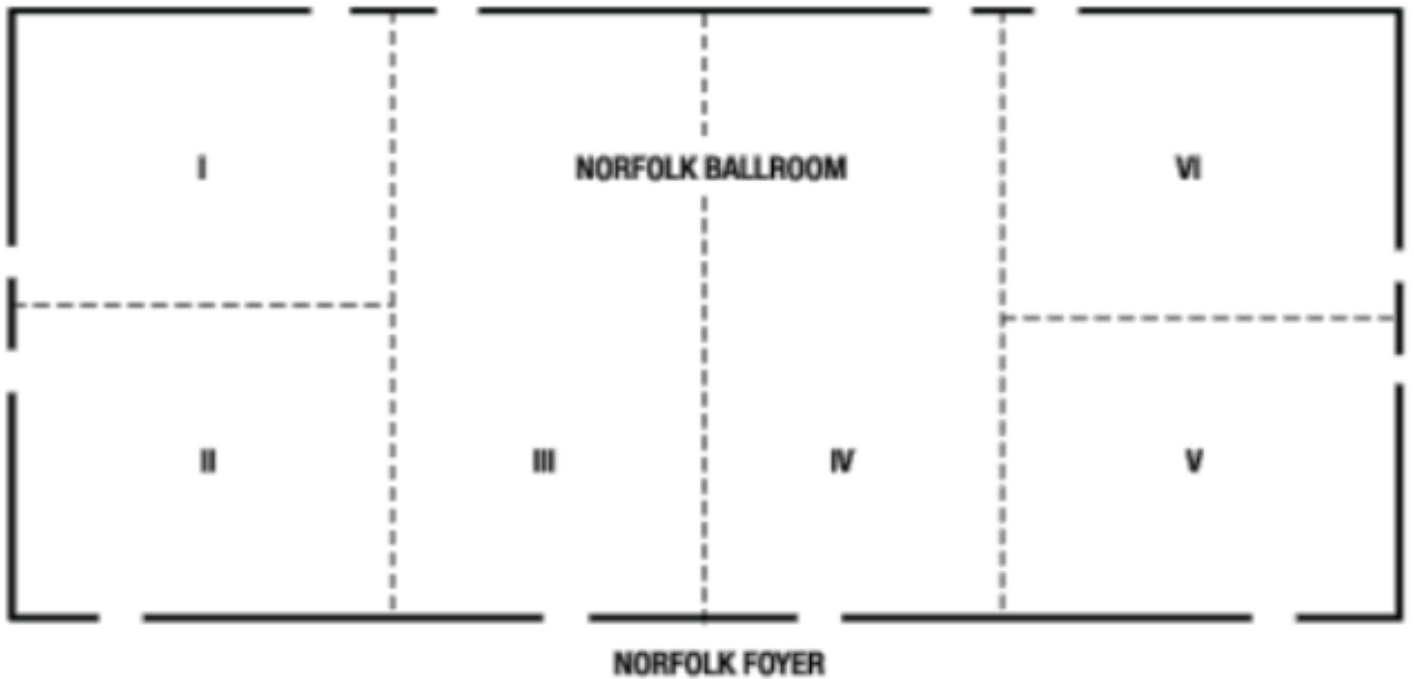
**Utilizing Virtual Reality in Youth Mental  
Health**

<b>11:35AM-12:35PM</b>	<b>Lunch &amp; Learn -'Dismantling Unconscious Bias with Muslim American hip-hop artist Amirah Sackett</b>
<b>12:50PM-2:50PM</b>	<b>Your Grief Skill Set</b>
<b>12:50PM-2:50PM</b>	<b>The Language to Validate: Address interpersonal impacts of racism to cultivate institutional culture</b>
<b>12:50PM-2:50PM</b>	<b>Thinking Outside the Box: Therapy for People with Developmental Disabilities</b>
<b>12:50PM-2:50PM</b>	<b>From Algorithms to Advocacy: Ethical Use of AI in Social Work Practice</b>
<b>12:50PM-2:50PM</b>	<b>The Journey of Unaccompanied Children</b>
<b>12:50PM-2:50PM</b>	<b>Navigating Ethical Considerations: Reproductive Healthcare and the Reproductive Justice Framework for Social Workers</b>

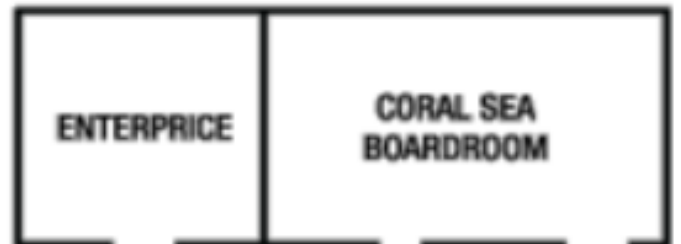
**\*This conference would not be possible without our partners. Please make sure to see our exhibitors and partners during your breaks. You will find great resources for your practices and clients!**

# FLOOR PLANS

## FIRST FLOOR- NORFOLK BALLROOM



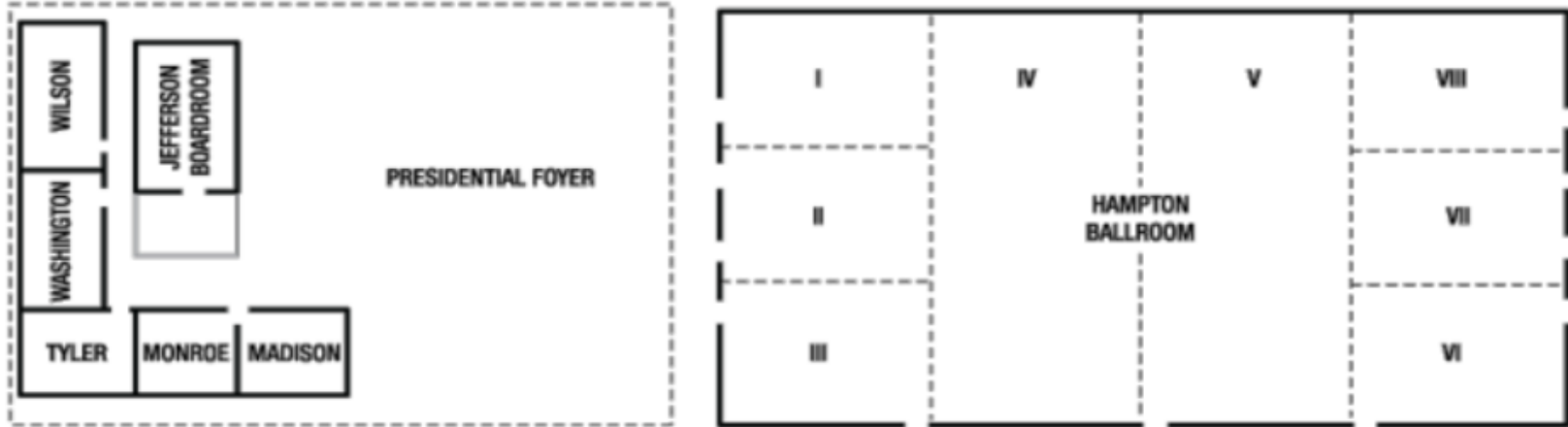
## SECOND FLOOR



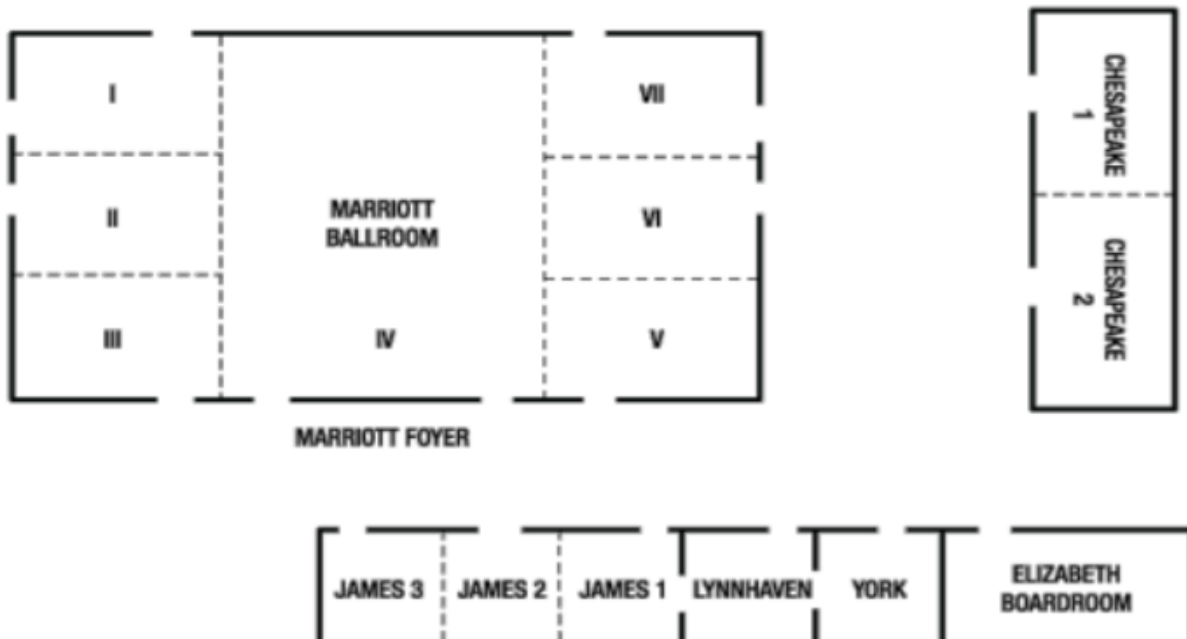


# FLOOR PLANS

## THIRD FLOOR



## FOURTH FLOOR



# THANK YOU TO OUR 2024 CONFERENCE PARTNERS

---



## *Platinum Level Sponsor*

### **Children's Hospital of The King's Daughters Health System (Booth 16)**

CHKD has been reverified by the American College of Surgeons as a Level 1 Children's Surgery Center, the highest level of certification for pediatric hospital surgical programs. This national level of excellence encourages continuous quality improvement in pediatric surgery and identifies centers that provide the most advanced surgical care to children.



## *Diamond Level Sponsor*

### **George Mason University (Booth 15)**

Mason's outstanding academic programs, inclusive communities, and key location just outside Washington, DC continue to attract students from across the globe. In the last 20 years, Mason has grown its enrollment every year except for two. Mason's research investments for 2022 totaled \$178 million, a part of the university's goal to reach \$225 million by 2024. And, Mason is partnering with businesses and government to build a strong economic corridor from Arlington and Fairfax Counties to Loudoun County with large expansion projects at Mason Square (formerly Arlington Campus) and the Science and Technology campus in Manassas, and future expansion plans in Fairfax. These are just some of the reasons why George Mason University has come so far in just 50 years and grown into the largest, most diverse, and most innovative public research university in Virginia.



## *Platinum Level Sponsor*

### **Beach Therapy & Counseling (Booth 5)**

At Beach Therapy, we have been listening to patients regarding their experiences, frustrations, and concerns at other counseling and psychiatric practices, not just about clinical issues, but about their experience in waiting rooms, beginning as a new patient, and the general practice environment. We have learned that the environment in which we create a therapeutic relationship is meant to be understood from your perspective. We want our patients to have a different and more comfortable therapy experience; one that inspires a sense of peace and an environment in which growth and change can occur.



**Gold Level Sponsor**  
**MobilityWorkers (Booth 18)**

Our mission is what drives us to assist our clients in mobility so they can Be There for routine daily activities and special life events. We do this by training our team to listen to our clients' unique needs to fit them with the best mobility solutions, by maintaining the largest inventory in the nation of wheelchair accessible vehicles, by certifying our service teams and by making the products and services we offer accessible to everyone through our 90+ locations and nationwide Buy Now program.

---



**Gold Level Sponsor**  
**Valor Healthcare (Booth 17)**

Established in 2004 by an Army and Navy Veteran, Valor Healthcare delivers direct multi-site outpatient care to our nation's patriots. Valor's leadership team is comprised of Veterans and clinician leaders dedicated to providing exceptional care and a world class patient experience for our nation's heroes. This is not just a job to Valor's team; it's a personal choice to serve those who served.

---



**Gold Level Sponsor**  
**Columbia Associates, Transformations Care Network (Booth 8)**

Columbia Associates and Transformations Care Network believe that mental health is a right, not a privilege. Everyone deserve mental health care that works for them, which is why our teams collaborate to offer the full continuum of care. Wherever someone is in their mental health journey, Columbia Associates is here to support.

---



**Silver Level Sponsor**  
**Farley Center (Booth 4)**

The Farley Center at Williamsburg Place is a Virginia drug and alcohol addiction treatment center located near Colonial Williamsburg, Virginia. Our campus is situated minutes away from the historic district, nestled among the quiet pines near Waller Mill Park. We are a place of healing in our nation's first capital. We are known as a center of excellence offering quality, affordable addiction treatment. We are a place where people come to get well and where families find hope and a solution that works.

---



**Silver Level Sponsor**  
**Mental Health America (Booth 12)**

Mental Health America is the nation's leading national nonprofit dedicated to the promotion of mental health, well-being, and illness prevention. We represent a growing movement of Americans who promote mental wellness for the health and well-being of everyone in our state, emphasizing mental health as a critical component of a healthy lifestyle. We work to increase the quality of life and advocate for independence for individuals with a severe and persistent mental illness through our training programs and supports. We advocate with community partners to eliminate health disparities and reduce stigma and discrimination.



**Silver Level Sponsor**  
**National Center for Missing & Exploited Children (Booth 13)**

NCMEC is the nation's largest and most influential child protection organization. We lead the fight to protect children, creating vital resources for them and the people who keep them safe. National Center for Missing & Exploited Children is a private, non-profit 501(c)(3) corporation whose mission is to help find missing children, reduce child sexual exploitation, and prevent child victimization. NCMEC works with families, victims, private industry, law enforcement, and the public to assist with preventing child abductions, recovering missing children, and providing services to deter and combat child sexual exploitation.



**Silver Level Sponsor**  
**DentaQuest (Booth 2)**

At DentaQuest, part of Sun Life U.S., we know that the path to better overall health outcomes requires trusted partnerships between payors, providers, plans and patients. Together, we can create prevention- and value-based solutions that make quality dental care accessible and improve the oral health of all.



**Silver Level Sponsor**  
**Coastal Impact LLC (Booth 6)**

As a social worker with 25 years plus experience and a licensed clinician since 2003, I have had the privilege to work in multiple human services organizations as well as have my own solo private practice, community-based mental health organization, teach as an adjunct and train as a facilitator. My passion is professionals and organizations who service the vulnerable and tirelessly commit to the human services industry on a daily basis.



**Anthem HealthKeepers Plus**  
Offered by HealthKeepers, Inc.

**Silver Level Sponsor**  
**Anthem HealthKeepers (Booth 7)**

HealthKeepers, Inc. is an independent licensee of the Blue Cross and Blue Shield Association. The people we serve are what's most important. Anthem's dedicated employees go the extra mile to make sure individuals get the services and support they need. We build relationships in communities to create programs that make a difference. Anthem is a registered trademark of Anthem Insurance Companies, Inc. Anthem HealthKeepers Plus, offered by HealthKeepers, Inc., is a health plan that contracts with the Virginia Department of Medical Assistance Services to provide Medicaid benefits to enrollees.

---



**Silver Level Sponsor**  
**Carilion Clinic (Booth 10)**

As a not-for-profit healthcare organization serving nearly one million people in Virginia through a multi-specialty physician group, advanced primary care practices, eight hospitals, and outpatient centers. Led by clinical teams with a shared philosophy that puts the patient first, Carilion is committed to improving outcomes for every patient while advancing the quality of care through medical education and research. Through our comprehensive network of hospitals, primary and specialty physician practices and other complementary services, we work together to provide quality care close to home for nearly 1 million Virginians. With an enduring commitment to the health of our region, we also seek to advance care through medical education and research, help our community stay healthy and inspire our region to grow stronger.

---



**Silver Level Sponsor**  
**Center For Adoption Support and Education (Booth 3)**

C.A.S.E. is a support center for adoptive families, providing specialized therapeutic services as well as numerous educational programs. Emboldened by the core belief that all children deserve a safe, loving, permanent home and dedicated to providing inclusive, family-focused services. C.A.S.E. draws on expertise, research, and lived experience to innovate and pay it forward by educating and empowering others.

---



**Silver Level Sponsor**  
**NASW Assurance Services (Booth 11)**

NASW Assurance Services (ASI) is a wholly-owned subsidiary of NASW and exists to manage social worker, as well as other behavioral health professionals, insurance programs with our policyholders' best interests in mind. We work hard to be a socially responsible organization dedicated to improving the lives of behavioral health professionals.

---



**Silver Level Sponsor**  
**Angel Flight East (Booth 20)**

NASW Assurance Services (ASI) is a wholly-owned subsidiary of NASW and exists to manage social worker, as well as other behavioral health professionals, insurance programs with our policyholders' best interests in mind. We work hard to be a socially responsible organization dedicated to improving the lives of behavioral health professionals.

---



**Silver Level Sponsor**  
**VA Dept. of Corrections (Booth)**

The Virginia Department of Corrections (VADOC) is the largest state agency with more than 11,000 employees across the Commonwealth. We operate secure facilities and probation and parole offices to provide care and supervision for inmates under state custody. Virginia currently has the nation's second-lowest recidivism rate at 20.6 percent.



**Silver Level Sponsor**  
**Timber Ridge School (Booth 14)**

Since 1977, Timber Ridge School has operated continuously as a residential treatment center serving adolescent boys with mental health, behavioral, and/or substance abuse issues. As our population expanded, so did our campus, with the addition of seven dormitories, two academic buildings, a dining hall, an administrative building, a pavilion, and a gymnasium. Our beautiful campus also has football and baseball fields, as well as tennis and basketball courts. In 2023, a career and technical education facility, CTE Trades Academy at TRS, opened to provide our students with skills for the future.



**Silver Level Sponsor**  
**The Barry Robinson Center (Booth 19)**

At The Barry Robinson Center, all of our residential treatment therapies and activities are designed to meet each individual child's needs, to help him or her be ready for discharge back home. Our dedicated team of professionals works together to provide our residents with a nurturing, supportive environment to help them reach their treatment goals. Our campus in Norfolk, Virginia, provides safety and security with clean, comfortable living areas, classrooms, dining hall and recreational facilities. The Barry Robinson Center is a member of The James Barry-Robinson Institute.



Psychiatric Treatment Network

**Silver Level Sponsor**  
**Pasadena Villa (Booth 9)**

Founded in 2001, Pasadena Villa has treated mental health conditions for all genders ages 18 and older, along with a specialty residential program for autistic clients. Our customized and compassionate care is provided in a therapeutic environment that promotes well-being, recovery, and personal motivation. There are multiple levels of care available at each of our Pasadena Villa locations, each providing the highest levels of care and support and the closest amount of supervision needed.



**Bronze Level Sponsor**  
**Mindfulness -Based Stress Reduction (Virtual Booth)**

Mindfulness-based stress reduction is an eight-week evidence-based program that offers secular, intensive mindfulness training to assist people with stress, anxiety, depression and pain.



**Bronze Level Sponsor**  
**Devereux Advanced Behavioral Health (Virtual Booth)**

Devereux Advanced Behavioral Health is one of the nation's largest nonprofit organizations providing services, insight and leadership in the evolving field of behavioral healthcare. With nearly 6,500 employees working in programs across the U.S., Devereux is a trusted partner for families, schools and communities, serving many of our country's most vulnerable populations in the areas of autism, intellectual and developmental disabilities, specialty mental health, education and foster care.



Kennedy Krieger Institute

**Bronze Level Sponsor**  
**Kennedy Krieger Institute (Virtual Booth)**

The world's premier institution dedicated to improving the lives of children and young adults with care and research focused on pediatric developmental disabilities and disorders of the brain, spinal cord and musculoskeletal system.



**Bronze Level Sponsor**  
**Avesta Ketamine & Wellness (Virtual Booth)**

Avesta Ketamine and Wellness is an intravenous (IV) ketamine infusion practice founded by Dr. Ladan Eshkevari, PhD, CRNA, LAc, FAAN, Professor Emeritus at Georgetown University and current Editor-in-Chief of the American Association of Nurse Anesthetists. As one of the first ketamine providers in the region, Dr. Eshkevari has developed strict research-backed protocols that have been used to administer over 10,000 ketamine IV infusions over the past seven years and even adopted by other clinics in the region. We have locations in Washington D.C., McLean, VA, and Bethesda, MD, and are dedicated to using the latest research to address treatment-resistant mood disorders and chronic pain. We would love to discuss ketamine as a therapeutic alternative, and to share the encouraging results we have seen.

## MARCH IS SOCIAL WORK MONTH!



## EMPOWERING SOCIAL WORKERS!

*Inspiring Action, Leading Change*

**Thank you for all that you do for the community and for the profession of Social Work.**

What better way to celebrate Social Work Month than by joining the 145,000 social workers nationally and internationally who are members of the National Association of Social Workers?

Help us educate, advocate, and promote the profession of social work while receiving exclusive member benefits that will help you advance your profession throughout the year. Visit NASW Virginia's booth to learn why you should become a member of the largest professional association of social workers.

## Thank You ~ Gracias ~ Merci ~ Asante ~ Shukran

No matter how we say it, our gratitude is sincere. We wish to acknowledge and extend heartfelt thanks to the Continuing Education Committee, Board of Directors, Conference Volunteers, Speakers, and other unsung heroes who have dedicated countless hours and professional expertise to the success of this Conference. Kudos on a job well done!