

# **Supervision: Overcoming Games Played in Supervision**

Attendees will earn 7.0 Category I Contact Hours, including 2.0 Category I Contact Hours of Ethics.

## **Course Description:**

It is the task of the supervisor to ensure that supervision is designed to foster a supportive and nurturing supervisor and supervisee relationship. This relationship is the context for facilitating a supervisee to acquire knowledge-based competencies and healthy professional attitudes and values. Best practices in social work clinical supervision underscore that a strong supervisory alliance is essential to foster supervisee growth. However, there can be many relational challenges in supervision evident in the variety of games that can be played by either the supervisor or the supervisee. This workshop will overview these games, highlight the power imbalance that exists in the supervisory relationship and identify strategies that can be used to best respond to games in supervision.

## **Learning Objectives:**

- Identifying common games and relationship challenges that may occur in clinical supervision;
- Distinguishing supervisor games from supervisee games and describing complementary transactions;
- Identifying strategies that supervisors can use to effectively confront games and enhance the supervisory process; and
- Providing opportunity for self-reflection and increased awareness of personal game playing.